References

L-191

- 1. DiNicolantonio JJ, O'Keefe JH, Wilson W. Subclinical magnesium deficiency: A principal driver of cardiovascular disease and a public health crisis. *Open Heart.* 2018;5:e000668.
- 2. SpectraCell Laboratories. Micronutrient Test. https://spectracell.sitewrench.com/search-tests
- 3. SpectraCell Laboratories Micronutrient Testing. https://spectracell.sitewrench.com/our-science. Accessed June 14, 2022.
- 4. Shi Y, Zou Y, Shen Z, et al. Trace elements, PPARs, and metabolic syndrome. *Int J Mol Sci.* 2020;21(7):2612.
- Tam E, Keats EC, Rind F, et al. Micronutrient supplementation and fortification interventions on health and development outcomes among children under-five in low- and middle-income countries: A systematic review and meta-analysis. *Nutrients*. 2020;12(2):289.
- 6. Kaegi-Braun N, Germann S, Faessli M, et al. Effect of micronutrient supplementation in addition to nutritional therapy on clinical outcomes of medical inpatients: Results of an updated systematic review and meta-analysis. *Eur J Clin Nutr.* 2022;76(7):964-972.
- 7. Owczarek M, Jurek J, Nolan E, et al. Nutrient deficiency profiles and depression: A latent class analysis study of American population. *J Affect Disord*. 2022;317:339-346.
- 8. Barbarawi M, Kheiri B, Zayed Y, et al. Vitamin D supplementation and cardiovascular disease risks in more than 83 000 individuals in 21 randomized clinical trials: A meta-analysis. *JAMA Cardiol.* 2019;4(8):765-776.