

Additional Documentation
S-28

Minimum Weight of Breast Tissue Removed per Breast, as a Function of Body Surface Area

Schnur Sliding Scale	
Body Surface Area (in meters squared)	Minimum weight of tissue to be removed per breast (grams)
1.35	199
1.40	218
1.45	238
1.50	260
1.55	284
1.60	310
1.65	338
1.70	370
1.75	404
1.80	441
1.85	482
1.90	527
1.95	575
2.00	628
2.05	687
2.10	750
2.15	819
2.20	895
2.25	978
2.30 or greater	>=1000

The American Society of Plastic Surgeons classification system of gynecomastia is as follows:

- Grade I:** Small breast enlargement with localized button of tissue around the areola
- Grade II:** Moderate breast enlargement exceeding areola boundaries with edges that are indistinct from the chest
- Grade III:** Moderate breast enlargement exceeding areola boundaries with edges that are distinct from the chest with skin redundancy
- Grade IV:** Marked breast enlargement with skin redundancy and feminization of the breast